

Beyond the Symptom: The Biology of Fatigue

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# Sleep loss, gut, and oxidative stress

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# Disclaimer and Disclosures

#### Disclaimer

This certifies that the views expressed in this presentation are those of the author and do not reflect the official policy of the NIH.

#### Disclosure

This certifies that I, Dragana Rogulja, have no financial relationship that is relevant to the subject matter of this presentation.

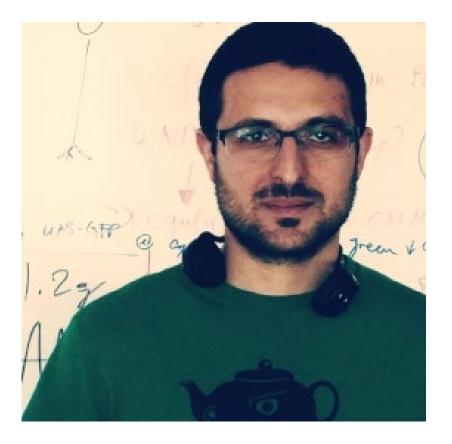


# Thanks to

# **Alex Vaccaro**

# Yossi Kaplan Dor

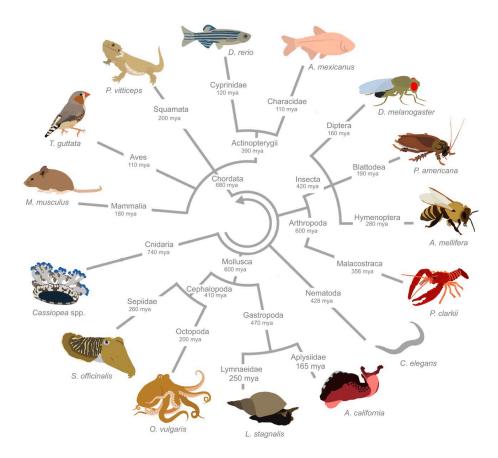




Question: What is the cause of death in sleep-deprived animals?

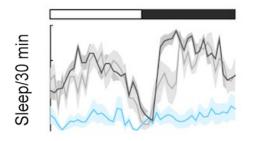
Idea: Look all over the body (could there be one cause?)

## Sleep is ubiquitous

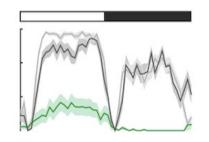


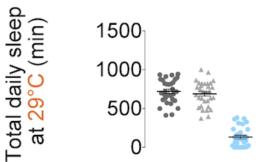
Keene & Duboue, J Exp Biol 2018

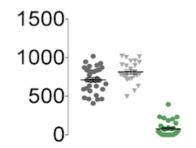
#### Activation of neuronal population 1



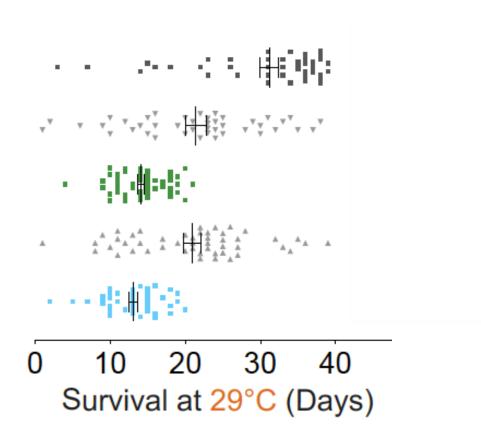
Activation of neuronal population 2



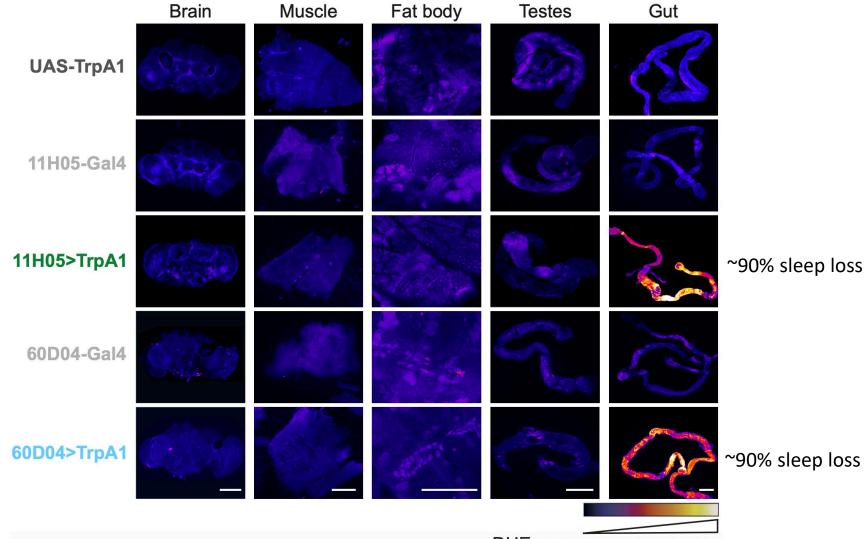




### Sleep deprivation shortens lifespan

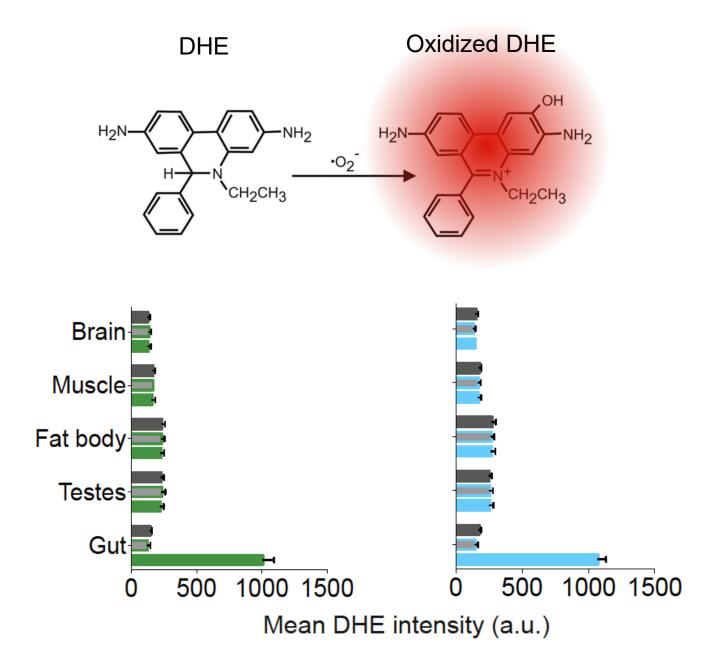


# Reactive oxygen species (ROS) accumulate in the gut upon sleep deprivation

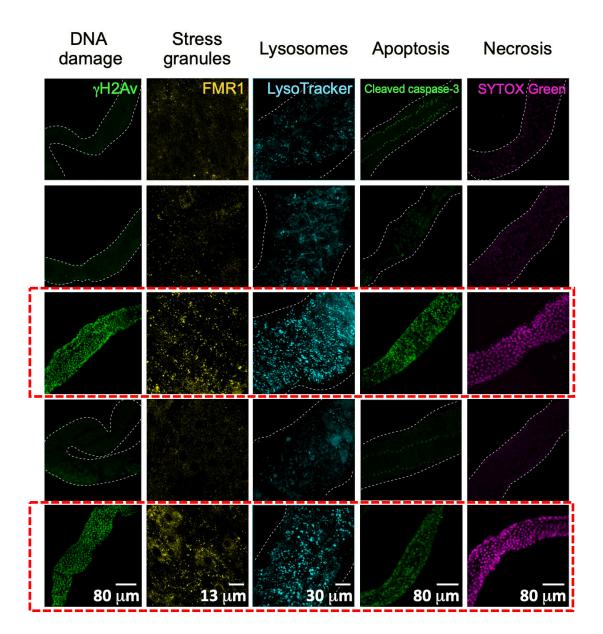


DHE ox (individual pixel intensity)

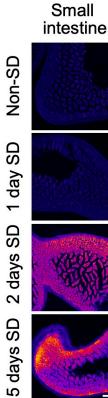
### ROS accumulate in the gut upon sleep deprivation

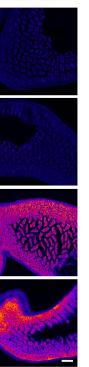


## Sleep deprivation induces oxidative cell damage in the gut

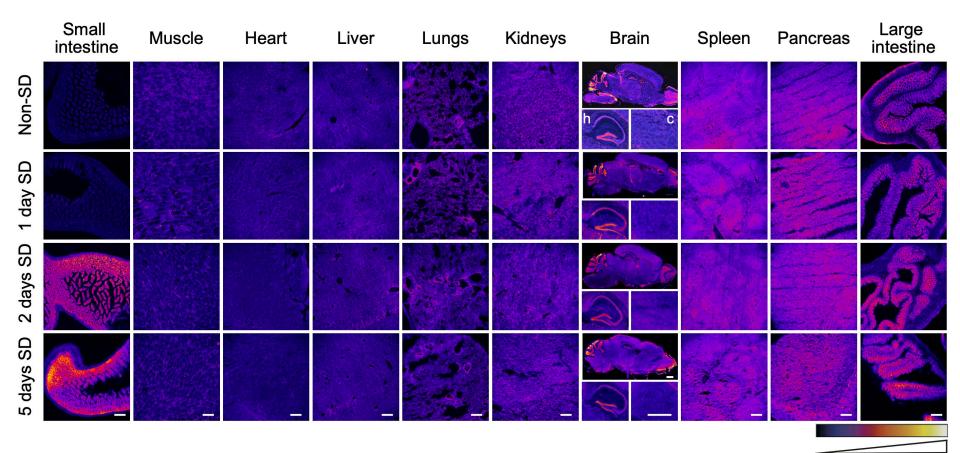


# Sleep deprivation in mice leads to increased ROS in the gut



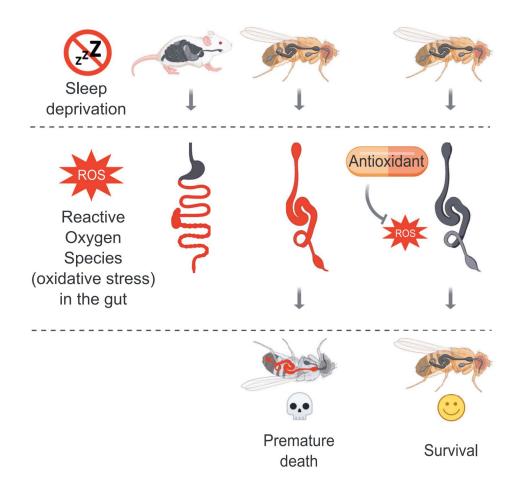


Sleep deprivation in mice leads to increased ROS in the gut



DHE ox (individual pixel intensity)

With the Greenberg lab: Liz Polina, Cindy Lin



Vaccaro\*, Kaplan\* et al, Cell 2020

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