

**Beyond the Symptom: The Biology of Fatigue** September 27 – 28, 2021

## Immune system dysfunction as a cause of fatigue

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# Disclaimer and Disclosures

#### Disclaimer

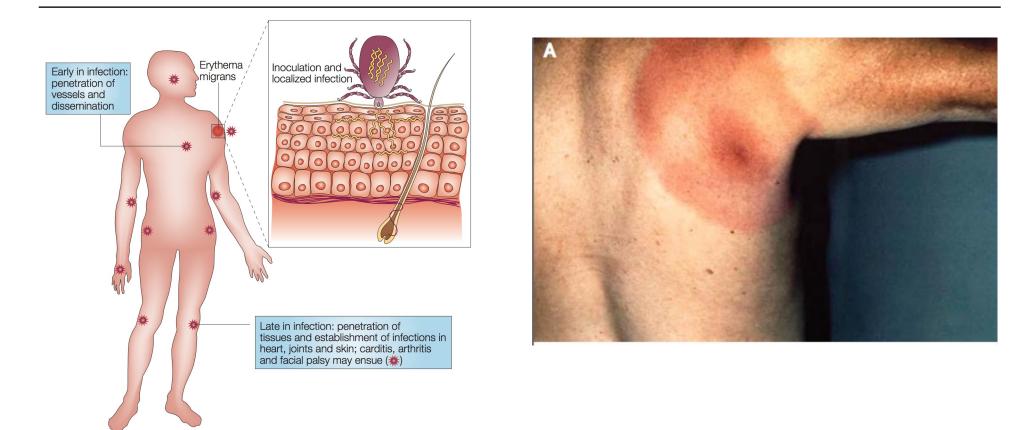
This certifies that the views expressed in this presentation are those of the author and do not reflect the official policy of the NIH.

#### Disclosure

I am a co-founder of an early stage company, Mozart Therapeutics Inc., that seeks to develop treatments for autoimmune diseases, including those described here, using the T cell circuitry we have discovered.



#### Lyme disease



Stage I: Early-localized Lyme disease: A painless transient inflammatory skin rash.

Stage II: Early-disseminated Lyme disease: Joint or muscle pain, inflammation.

Stage III: Late-persistent Lyme disease: Fatigue, fever, malaise, chronic arthritis

#### Waves of T cell activity in Celiac patients after gluten challenge and in a mouse model of autoimmunity (EAE)

day 14

0.01%

0.16%

0.08%

yδ

1054

10

103.

104

Celiac patients

day 6

0.04%

side scatter

1.2%

104

1.2%

12

**CD38** 

10

102

1041

day 10

0.02%

0.22%

0.17%

day 3

0.01%

0.18%

0.19%

day 0

tetramer

CD103

10

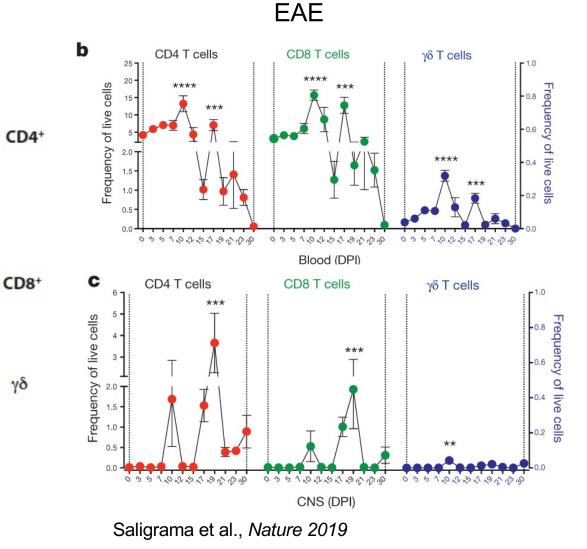
103-

< 0.01%

0.12%

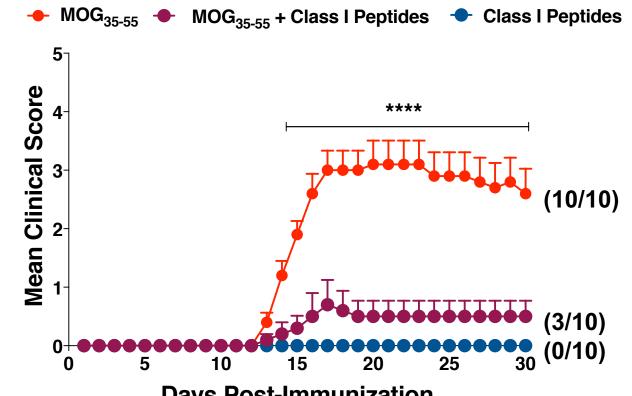
103 104

0.08%



Han et al., PNAS 2013

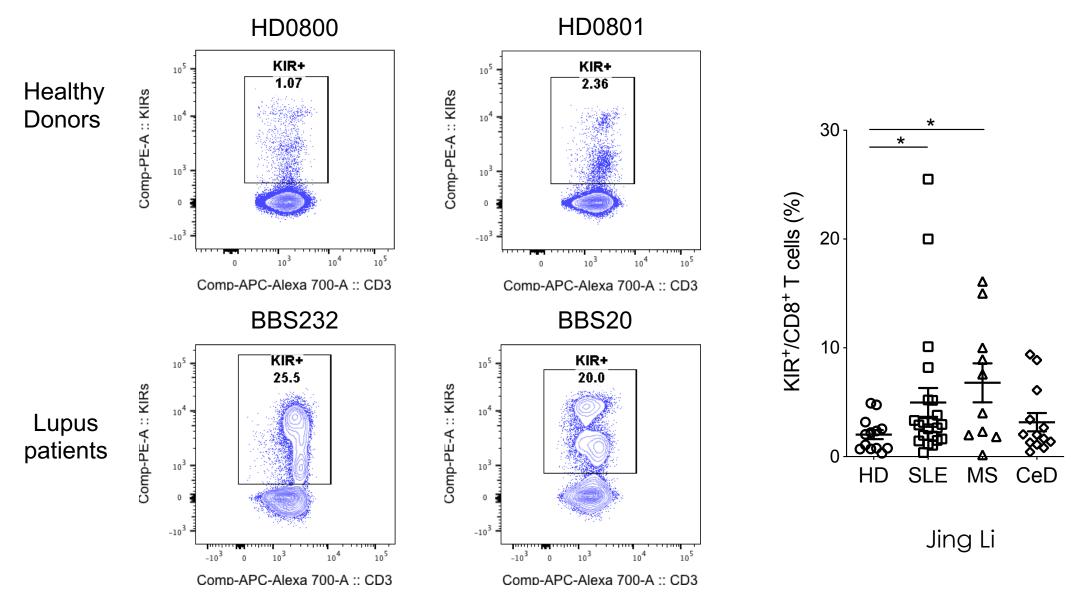
#### Class I Peptides Immunization Protect The Mice Against MOG induced pathology



**Days Post-Immunization** 

Saligrama et al., *under review* 

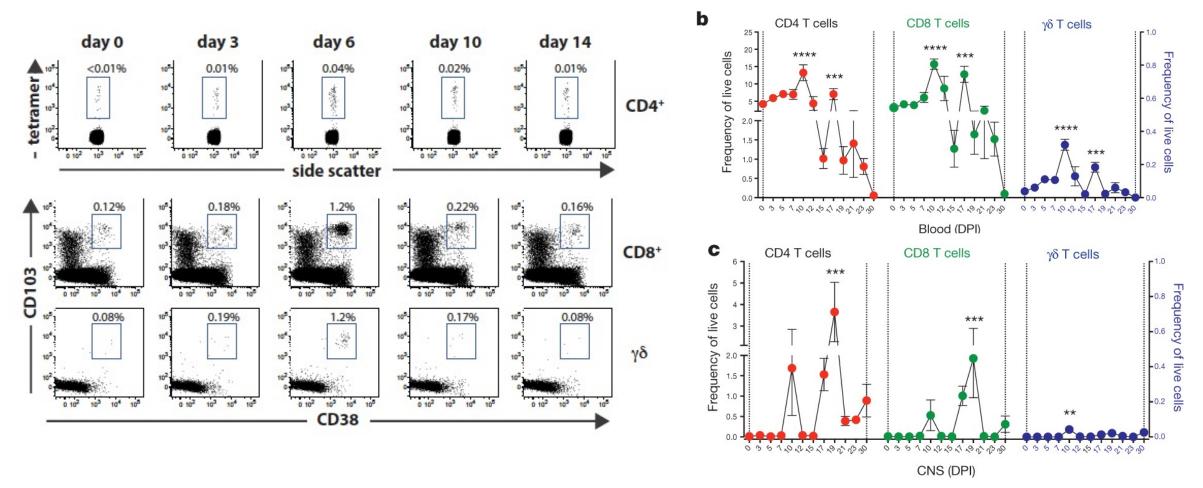
#### A new dynamic in autoimmunity: Some patients with autoimmunity have elevated KIR+ CD8+ cells



#### Waves of T cell activity in Celiac patients after gluten challenge and in a mouse model of autoimmunity (EAE)

Celiac patient

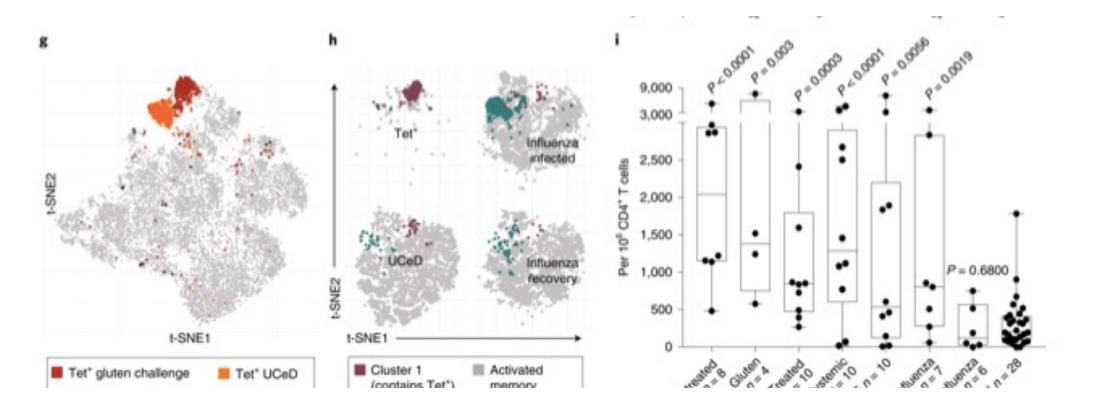




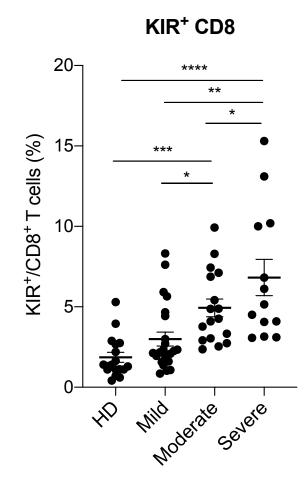
Han et al., PNAS 2013

Saligrama et al., Nature 2019

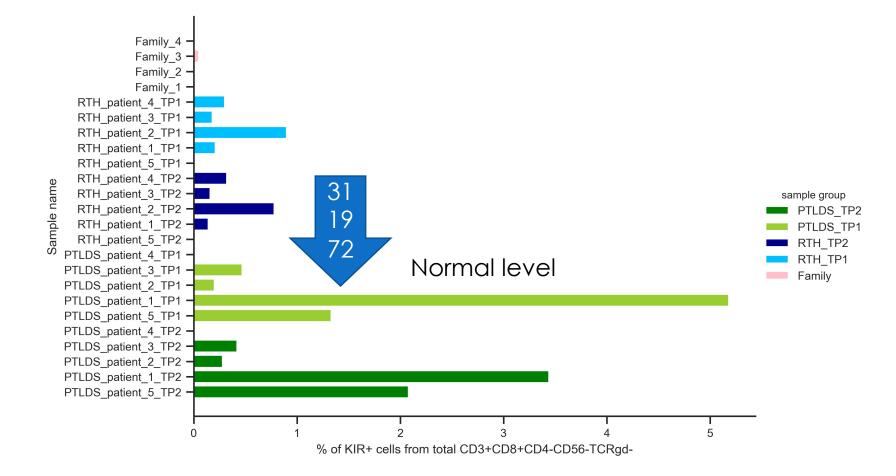
Labeling gluten-specific T cells in Celiac patients showed that this was a small subset of CD4+ T cells and this subset was elevated in various autoimmune diseases such as Lupus, Scleroderma and MS (not shown). Christophersen et al., Nat. Med. 2019.



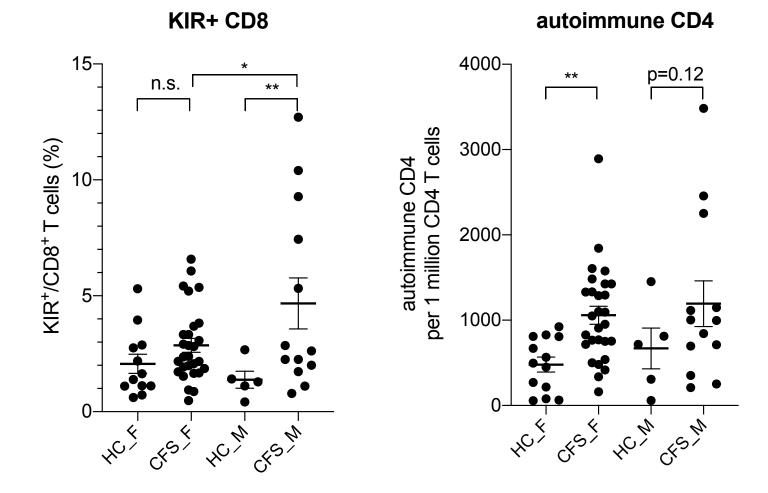
Increased frequency of KIR<sup>+</sup> CD8 in COVID-19 patients, especially those with moderate or severe disease (Jing Li et al.)



# We also see elevated Kir<sup>+</sup> CD8<sup>+</sup> T cells in the peripheral blood of some Lyme patients



Chronic Fatigue/ME patients show increased KIR+CD8+ T cells in males and females show increased autoimmune CD4+ T cells (Jing Li, J. Wilhelmy)



## Conclusions

1. These data suggest some types of fatigue are caused by autoimmunity triggered by an infectious disease.

2. The T cell circuitry described here normally suppresses autoreactive immune cells that arise during an infection, but can fail, for unknown reasons.

### Credits

Jing Li Julie Wilhelmy Ana Jimena Pavlovitch-Bezyk Kari Nadeau Ron Davis Nielsen Fernandez-Becker Funding HHMI NIAID V. Khosla